

ONE DAY BREAST DIAG

**Personalized,
immediate diagnosis**
when faced with a clinical
anomaly or abnormal
imaging result



The American Hospital of Paris helps women reduce the anxiety-inducing wait time for diagnosis and results.

When a self-exam or mammogram reveals an anomaly or suspected breast cancer, waiting for the next exams can be a long and stressful period.

Our complete breast diagnosis, which only takes a half-day, is designed for:

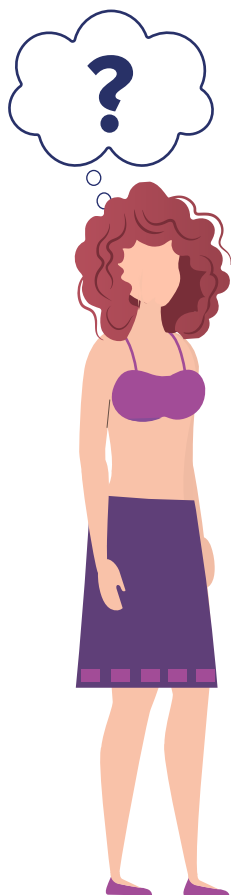
- Patients with a symptom affecting the breast, such as a lump, discharge or inflammation, detected through a self-exam or by a doctor
- Patients with an anomaly detected through imaging or a clinical exam
- Patients who would like a second diagnostic opinion

The One-Day Breast Diagnosis, which can be scheduled with little to no delay, allows most patients to receive a diagnosis revealing the exact nature of their anomaly in just one half-day. When necessary, treatment can be organized very rapidly, if desired by the patient.

The One-Day Breast Diagnosis takes place in a center of expertise staffed by breast radiation therapists, anatomical pathologists, specialized surgeons and oncologists.

Results are provided to the patient the same day.

A PERSONALIZED, EXTREMELY RAPID DIAGNOSIS TO QUICKLY ELIMINATE ANY UNCERTAINTY



The One-Day Breast Diagnosis is designed to facilitate the care pathway for women and bring reassurance when they are faced with a suspicious anomaly. It eliminates the waiting periods for appointments and exam results, which cause anxiety and may delay the beginning of treatment.

All throughout the half-day visit, the patient is supported by a coordinating nurse and a volunteer. She may also be accompanied by the person of her choice, except during the exams, when that person will be asked to remain in the waiting room.

This approach to patient support is core to the American Hospital of Paris's caregiving philosophy.

FULL DIAGNOSIS IN ONE HALF-DAY

- 1** The entire procedure takes place **in a single, dedicated location** guaranteeing privacy and confidentiality.
- 2** **During a consultation with an oncologist specialized in breast pathologies**, information is collected about the patient's current breast problem as well as her personal, gynecological and family medical history, treatments such as hormone replacement therapy and contraception, and other individual risk factors. All previous medical documents and exam results are reviewed.

The oncologist performs a clinical exam with special focus on the breasts and lymph nodes (axillary and supraclavicular). At this stage, he or she will decide which additional tests should be performed that day to complete the diagnosis and may also explain the various diagnostic hypotheses.
- 3** **Radiological workup and analysis:** any previously performed imaging exams are reviewed. A mammogram and breast ultrasound are performed if they were not previously done or if additional information is needed.

If indicated, fine-needle aspiration and/or biopsy is performed in the presence of an anatomical pathologist.

The sampling technique enables a rapid interpretation of the result.

A breast MRI and other additional tests may be scheduled if necessary.



4 Specimens are analyzed by the anatomical pathologist. Rapid interpretation revealing whether or not tumor cells are present is only possible for fine-needle aspiration. If a biopsy is performed, results are delivered during a second appointment, 24 to 48 hours later.

5 Before the results are announced, **a multidisciplinary team meeting** takes place between the radiologist, the anatomical pathologist and the oncologist in order to reach a diagnostic consensus and ensure all test results are concordant.

6 Once **the results are announced**, the different treatment options are explained and, if the patient wishes, organized.

If surgery is being considered, the patient sees a specialist surgeon the same day and surgery can be scheduled within a very short timeframe.

If the result is benign, recommendations for surveillance and subsequent monitoring are given, and the necessary appointments can be scheduled immediately.

Lastly, a detailed report is provided to the patient and to the various physicians in charge of her care.



What papers should I bring?

- **Physician's referral letter, if any**
- **All mammograms, ultrasounds (both old and recent), and any other exams including the pathology report if a biopsy has already been performed**
- **Summary report of past surgeries (with dates), overall health (including high blood pressure, diabetes, asthma, drug allergies) and any treatments underway**
- **Administrative papers: ID, Carte Vitale, supplemental health insurance card and schedule of benefits**

The American Hospital of Paris has its own cancer center where comprehensive breast cancer care is provided by an exclusive multidisciplinary team at every stage of the pathway.

Screening and personalized prevention (Women's Risk Institute), diagnosis, surgery (tumor removal, reconstruction and cosmetic surgery), chemotherapy and radiation therapy (at the Porte de St Cloud Cancer Center), and supportive care (Wellness Lab).



**In a Hospital
offering every
medical and surgical
specialty, including
cardiology, neurology,
orthopedics and
infectious disease**



**24/7
Emergency Care Center
guaranteeing quick
response times**



**Quality
and safety of care:
dual accreditation by
The Joint Commission (USA)
and the Haute Autorité de
Santé (France). Each patient's
case is systematically reviewed
and validated during a
multidisciplinary team
meeting**

**ALL WITHIN
A HOSPITAL
SETTING**

CHOOSE THE AMERICAN HOSPITAL OF PARIS



- **Latest-generation imaging technology** dedicated to oncology, bolstered by Artificial Intelligence software (3D mammography, MRI, PET scanner, interventional radiology), available on very short notice so all tests required for diagnosis and treatment can be performed quickly and on site.



- **Highly experienced senior physicians and surgeons**, and a female oncologist specialized in breast cancer, all of whom can be easily reached by telephone and email.



- **Personalized, coordinated care**: each patient is monitored by an attending surgeon and an oncologist. A coordinating nurse, whom patients can contact directly, performs an individual assessment of supportive care needs and liaises between hospital and private practice health care professionals.



- **Access to state-of-the-art biotechnology** supporting the delivery of personalized, cutting-edge care: molecular profiling, genetic analysis, circulating tumor DNA.



- **Unparalleled responsiveness**
 - Rapid scheduling of all consultations, exams, operations and chemotherapy sessions
 - Coordinating nurse present and available throughout the entire care pathway
 - Extended consultation hours (9 am to 7 pm)
 - Thorough administrative assistance (dedicated patient manager)



To obtain further information or make an appointment:

Breast Center

Direct line: +33 1 46 41 82 49

Email: contact.breastcenter@ahparis.org

www.american-hospital.org